



Markku Ojanen: "Can happiness and wellbeing be measured?"

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MA 1969 and PhD 1975 in psychology (University of Tampere). Various teaching jobs since 1968 at University of Tampere. Head of Psychology department 2001-2006, and Tampere Graduate Centre for Social Sciences 2002-2006. Has participated over 20 organizational development programs in various applied areas. Board member of three large voluntary associations. Member of Finnish Association for Behaviour Analysis and Cognitive Behaviour Therapy. Main research areas: positive psychology, happiness and well-being, health psychology, evaluation of interventions, psychosocial rehabilitation and personality psychology. International (refereed) papers on psychology of cancer, happiness, psychology of exercise and rehabilitation. Written 21 books in Finnish. Gives lectures on happiness, well-being, mental health and related topics